

PROFESSIONAL PRACTICE WORKSHOP

Taught by Katrina Beath, www.klbtherapy.com

Venue: Richmond, close to station

Duration: Two days

Workshop Fee: £150

Assessment Fee: £75

Prerequisites:

- 1) Usui Reiki Level I certificate and attendance at Level II (even if you have not yet completed your Level II case studies)

At the Reiki Professional Practice Workshop, we cover:

- Psychological theories relevant to chakra development and energy flow
- Counselling skills for Reiki Practitioners
- The structure of purpose of volunteer and Professional Standards Authority Registers
- Working in a clinical setting – the three-cornered contract
- Working in a team – collaborating with other professionals
- Anatomy, Physiology and Pathology in more detail
- Private Practice – how to set up and run your business
- Considering your practice – specialisms and additional training options
- Marketing yourself as a therapist
- Working intuitively, letting go of the ropes!
- Working around the client – adapting your methods to accommodate limited mobility or space
- Self-Care masterclass – a chakra based plan for physical, emotional and spiritual health
- The important requirement for CPD (Continuing Professional Development) and how to maintain and record this

To obtain your Professional Reiki Practitioner Certification, in addition to the Level II requirements, you will need to complete and be assessed on:

- *28 days Self-Healing Journal*
- *Further 36 case study sessions (equalling 40 in total including Level II, being 10 clients with four sessions each)*
- *6 further sessions in a specialist area of your choice*
- *Attendance at 4 Reiki Shares (£10 each)*

- *Documented receipt of 4 Reiki sessions from a Reiki Federation or CNHC Registered Practitioner*
- *Receipt of a further 38 sessions of your choosing (e.g.: from a practitioner, self-healing, Reiki Shares)*
- *A Private Practice business proposal and plan*
- *An Essay OR Creative Project titled “What Reiki Means to Me”*
- *A report on your learning from recommended reading list*
- *Passing the practical and written exam*

Completion and a successful pass on all the above, plus completion of Reiki Level One and Reiki Level II, will mean you have met the Reiki Council, Reiki Federation and CNHC requirements for:

Minimum 240 hours training total

Minimum 75 treatments given (5 supervised)

Minimum 100 treatments received (including self-healing)

Minimum 65 contact training hours